

March 14 is #MyFreedomDay -- when students around the world hold events to raise awareness of modern slavery.

Why?

Right now, 40 million people are trapped in slavery. At least 10 million of those are children.



#My Freedom Day

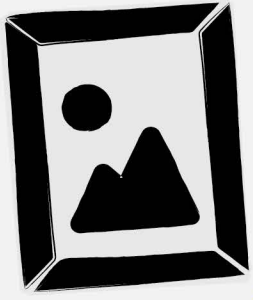
What kind of events?

We're encouraging students and teachers to come up with their own ideas, but here are some suggestions for the kind of thing you could do.

What do you want me to do?

CNN is asking students and schools to organize #MyFreedomDay events on March 14 to highlight modern slavery and celebrate freedom.





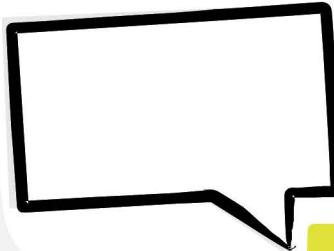
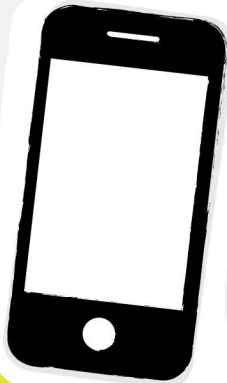
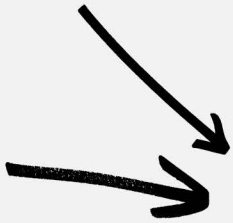
Art Show

Create art work, in any media, and show it off at school. Then post it on Twitter or Instagram using the #MyFreedomDay hashtag.



Film Screening

Look for movies or documentaries that deal with human trafficking. You can use any of the CNN documentaries at cnn.com/freedom.



What makes you feel free?

To encourage people to think about the freedom we sometimes take for granted, we want you tell us what makes you feel free. It could be anything - but make it personal to you. Post your thoughts on Twitter or Instagram, or post a video or photo - and remember to use the hashtag #MyFreedomDay.

Panel Discussion

Invite local lawmakers and anti-trafficking organizations to discuss the issue and what it looks like not just abroad, but in your hometown.



Linda Smith
@loveinaction75

I feel most free when I'm swimming in the ocean! #MyFreedomDay



14 Mar 2019

Remember, those are just suggestions. We want you to come up with your own ideas. When you come up with a plan, let us know by telling us on Twitter or Instagram, using the hashtag #MyFreedomDay. (You must be aged 13 or older to post on social media). It's even possible a CNN correspondent will come to your event to tell your story.