



#ZeroPlasticLunch

Help break our society's addiction to single-use plastics -- one meal at a time

On June 8, join children worldwide celebrating World Oceans Day with a Zero Plastic Lunch



Why?

Single-use plastics are used for just minutes or hours before being binned. But they stay in our environment for hundreds of years

What can you do?

By making small changes to our everyday lives, we can stop using plastics we don't need. Let's start with LUNCH!

Did you know?

We produce **300 million tons** of plastic every year. **40%** are used just once

8 million tons of plastic trash waste ends up in the oceans every year

By **2050**, the UN predicts there will be more plastic than fish in the oceans

Marine animals are hurt by plastic waste. **9 out of 10** seabirds have plastic in their guts

Preparing for #ZeroPlasticLunch

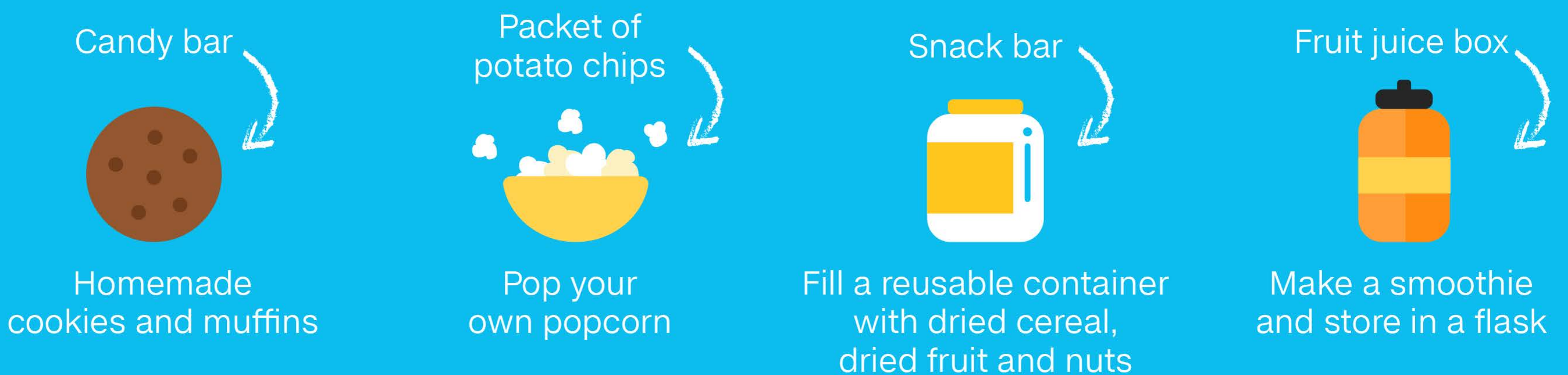
1 Add up your single-use plastics (packaging, cutlery, straws, etc)

Monday	Tuesday	Wednesday	Thursday	Friday
Total				
Weekly total				

2 Replace single-use plastic items



3 Replace food that comes in plastic packaging. Here are some suggestions:



Share Your Success On World Oceans Day!



On World Oceans Day, make sure your lunch has NO single-use plastic. CNN will feature the amazing lunches of children around the world across the network.

Share a picture of your normal lunch and one of your Zero Plastic Lunch with CNN:

On social media use the hashtag
#ZeroPlasticLunch

or email to **ZeroPlasticLunch@cnn.com**

The Last Straw



Every day, hundreds of millions of straws are used once then trashed. Straws are hardly ever recycled. They litter our beaches, and endanger marine animals. It's time for **THE LAST STRAW**.

Convince your school to ban plastic straws, and share the news with CNN:

On social media, use the hashtag
#thelaststraw

or email to **thelaststraw@cnn.com**